



The **VINE** and the **FRUIT**



GALATIANS 5:22-23A NLT

²²But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, ²³gentleness, and self-control.





The Fruit
of the Week

SELF-CONTROL





WHEN IT COMES TO SELF-CONTROL WE
WILL THINK ABOUT SEVERAL THINGS:





WHEN IT COMES TO SELF-CONTROL WE
WILL THINK ABOUT SEVERAL THINGS:



I wish I
could control
my tongue.

WHEN IT COMES TO SELF-CONTROL WE WILL THINK ABOUT SEVERAL THINGS:



I wish I
could control
my tongue.



I wish I
could control
my thoughts.

WHEN IT COMES TO SELF-CONTROL WE WILL THINK ABOUT SEVERAL THINGS:



I wish I
could control
my tongue.



I wish I
could control
my thoughts.



I wish I
could control
my actions.



The fruit of self-control
does not come to us
naturally. It is
supernatural.

Biblical examples of self-control





Biblical examples of
self-control:

David

2 SAMUEL 11:1-3 NIV

¹In the spring, at the time when kings go off to war, David sent Joab out with the king's men and the whole Israelite army. They destroyed the Ammonites and besieged Rabbah. But David remained in Jerusalem.



David

Biblical examples of
self-control:

2 SAMUEL 11:1-3 NIV

²One evening David got up from his bed and walked around on the roof of the palace. From the roof he saw a woman bathing. The woman was very beautiful, ³and David sent someone to find out about her. The man said, "She is Bathsheba, the daughter of Eliam and the wife of Uriah the Hittite."



Joseph

Biblical examples of
self-control:

GENESIS 39:6-10 NIV

⁶So Potiphar left everything he had in Joseph's care; with Joseph in charge, he did not concern himself with anything except the food he ate.

Now Joseph was well-built and handsome, ⁷and after a while his master's wife took notice of Joseph and said, "Come to bed with me!"



Joseph

Biblical examples of self-control:

GENESIS 39:6-10 NIV

⁸But he refused. "With me in charge," he told her, "my master does not concern himself with anything in the house; everything he owns he has entrusted to my care. ⁹No one is greater in this house than I am. My master has withheld nothing from me except you, because you are his wife. How then could I do such a wicked thing and sin against God?" ¹⁰And though she spoke to Joseph day after day, he refused to go to bed with her or even be with her.

UNDERSTANDING SELF-CONTROL AND APPLYING IT TO OUR LIVES.



Self-control-the discipline of mastering one's own passions, emotions, and desires.



UNDERSTANDING SELF-CONTROL
AND APPLYING IT TO OUR LIVES.



Appetites (passions) –
What is it you crave?



We can have passions;
The problems come when
the passions have us.

PROVERBS 25:28 NIV

28 Like a city whose walls are broken through
is a person who lacks self-control.



TITUS 2:11-12 NIV

¹¹For the grace of God has appeared that offers salvation to all people. ¹²It teaches us to say “No” to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age,



UNDERSTANDING SELF-CONTROL
AND APPLYING IT TO OUR LIVES.



Attitudes (emotions) –
What is capturing your thoughts?

TITUS 2:11-12 NIV

⁵For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; ⁶and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; ⁷and to godliness, mutual affection; and to mutual affection, love. ⁸For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ.



UNDERSTANDING SELF-CONTROL
AND APPLYING IT TO OUR LIVES.



Ambitions (desires) –
What impulses are getting your
best attention?

PHILIPPIANS 2:3 NIV

³Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves,





WHEN WE LOOK AT OUR WORLD
AND CULTURE WE SEE:





WHEN WE LOOK AT OUR WORLD AND CULTURE WE SEE:

Hate

Sorrow

Chaos & Confusion

Hurried/Frantic

Rude/Self-centered

Wicked, Rough, & Messy

Unfaithful

Cruel/Brutal

Out of Control/Wild



WHAT DISPELS
THESE THINGS:





WHAT DISPELS THESE THINGS:

Hate	<u>Love</u>
Sorrow	<u>Joy</u>
Chaos & Confusion	<u>Peace</u>
Hurried/Frantic	<u>Patience</u>
Rude/Self-centered	<u>Kindness</u>
Wicked, Rough, & Messy	<u>Goodness</u>
Unfaithful	<u>Faithfulness</u>
Cruel/Brutal	<u>Gentleness</u>
Out of Control/Wild	<u>Self-Control</u>

JEREMIAH 17:7-8 NIV

7 “But blessed is the one who trusts in the Lord,
whose confidence is in him.

8 They will be like a tree planted by the water
that sends out its roots by the stream.

It does not fear when heat comes;
its leaves are always green.

It has no worries in a year of drought
and never fails to bear fruit.”





Your ability to
bear fruit is
rooted in your
surrender to
Jesus as Lord.